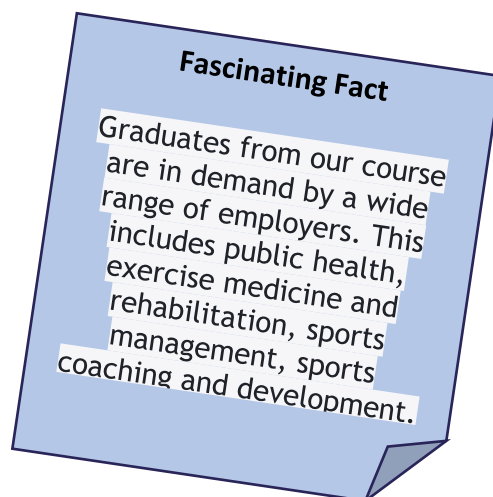


# Clarendon Academy Sixth Form: Subject Essentials

**Exam Board:** OCR

**Specification:** Level 3 Cambridge Technical Diploma in Sport and Physical Activity (5829)

**How am I examined in this subject?** You will complete 11 Units over two years:



## YEAR 12

<u>Unit 18:</u> Practical Skills in Sport & Physical Activities	Internally assessed through practical observation and video evidence.
<u>Unit 5:</u> Performance Analysis in Sport and Exercise	Assessed internally through written coursework and video evidence.
<u>Unit 1:</u> Body Systems and the Effects of Physical Activity	Externally assessed by a <u>90-minute exam</u>
<u>Unit 8:</u> Organisation of Sports Events	Internally assessed through written coursework,
<u>Unit 3:</u> Sport Organisation & Development	Externally assessed by a <u>90-minute exam</u>
<u>Unit 11:</u> Physical Activity for Specific Groups	Internally assessed through written coursework, practical observations and a presentation.

## YEAR 13

<u>Unit 2:</u> Sports Coaching and Activity Leadership	Externally assessed through a scenario based written coursework requiring data interpretation.
<u>Unit 4:</u> Working Safely in Sport, Exercise, Health and Leisure	Externally assessed by a <u>90-minute exam</u>
<u>Unit 10:</u> Biomechanics in Movement Analysis	Internally assessed through written coursework.
<u>Unit 13:</u> Health and Fitness Testing for Sport and Exercise	Internally assessed through written coursework .
<u>Unit 17:</u> Sports Injuries and Rehabilitation	Internally assessed through written coursework

### What do I have to achieve at GCSE to study this subject?

You need to achieve at least a Merit in Level 2 Btec Sport or a C in GCSE in order to study Level 3 Cambridge Technical Diploma in Sport and Physical Activity.

### How could this subject support my future education or career?

This qualification is not just about being able to play sport or deal with elite athletes: Employers need people who are able to lead sports and physical activities safely; work with the general public in providing sport and physical activity opportunities; and help to promote physically active lifestyles. Therefore, this qualification will provide learners with the skills, knowledge and understanding to progress into employment in the sport and physical activity sector, either through an apprenticeship

or directly into work.

This qualification can lead to Advanced Level Apprenticeships in Coaching, Leisure Management and Exercise and Fitness, or to job roles such as Fitness Instructor, Activity Leader or a Leisure/Recreation Assistant. It could also provide a route into Higher Education on a sport-related programme such as Sport and Physical Education, Sport Science, Sport Coaching and Development or Sport and Leisure Management.

### **How do we support students who are aiming for A/A\* grades?**

- We encourage our most able students to use on line resources to extend their knowledge and understanding.
- We organise one-to-one sessions with students who would like additional support in improving any aspect of their mathematics.
- We encourage our most able students to visit University of Bath where they attend lectures and seminars as well as a tour of the campus.

### **How do we support students who are finding this subject difficult?**

- We organise one-to-one sessions with students who are struggling with specific topic or skills in our subject.
- We provide exam packs and scaffolded answers to help pupils structure their coursework.
- We provide detailed and helpful feedback on the work that students submit and give them the opportunity to improve their work at regular opportunities.

We direct students to a range of online resources that are designed to support them with independent study and reviewing their notes from class, such as [www.mypeexam.com](http://www.mypeexam.com)

### **Who can I contact if I want to find out more?**

Miss Louise Clune (*Head of PE and Sport / Cambridge Technical Teacher*):  
[lzc@clarendonacademy.com](mailto:lzc@clarendonacademy.com)

Mr Joseph Hartford (*Head of House / Cambridge Technical Teacher*):  
[jzh@clarendonacademy.com](mailto:jzh@clarendonacademy.com)

Mr Connor Breen (*Head Core PE / Cambridge Technical Teacher*):  
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